

DRINK

FLIGHT COFFEE'S COFFEE

Black 4

White 4.5

Chai latte 4.5

Mochaccino 5

Hot chocolate 5

Iced coffee / chocolate 5.5

Extra 0.5

T LEAF TEAS 4.5

English breakfast

Earl grey

Jasmine

Pure peppermint

Honey chamomile with kawakawa

Mango Tropicana

Chai

SMOOTHIES 9

Green – avocado – spinach – apple – kiwi – mint – oat milk

Red – strawberry – raspberry – beetroot – cranberry – almond milk

Yellow – banana – pineapple – mango – passionfruit – coconut yoghurt

Blue – blueberry – blackberry – chia seed – Greek yoghurt

RAW JUICE 8

Orange

Apple

Pineapple

EAT

Eggs on toast – poached, fried, or scrambled – toast 12

Brioche French toast – caramelised banana – toffee sauce 18

Smashed avocado – tortilla crisp – poached eggs – black beans – sour cream – jalapeno and corn salsa 19

Mushroom omelette – truffle paste – mushroom – baby rocket – feta cheese 19

Eggs benedict – honey mustard cured pork belly – apple chutney – hollandaise 20

Pumpkin and ricotta hash – halloumi – poached eggs – spinach – hollandaise 20

Baked egg casserole – free range eggs – Spanish chorizo – cannellini beans – mozzarella – cherry tomato 21

Big brekkie – eggs – bacon – tomato – potato hash – chorizo – portobello mushrooms – beans – black pudding 23

Seafood chowder – mussels – clams – prawns – sourdough – garlic butter 22

Duck burger – 5 spice duck breast – grilled leek – brioche bun – rhubarb jam – cucumber – hoisin sauce – kumara fries 25

Venison pot pie – hand cut kumara fries 26

(Please allow 25 mins)

To Add On

Bread 2.5 Gluten free toast 3.5 Eggs 4.5
Tomato 4.5 Mushroom 5 Bacon 5.5 Black
pudding 5.5 Chorizo 5.5